

PE

Intent, Implementation and Impact

Intent

Our aim at Lacewood is to deliver an engaging and ambitious curriculum, which enables children to develop competence to excel in a broad range of physical activities. We want children to be inspired by sport and physical activity, therefore having the understanding, confidence and ability to apply this to their own physical activity and healthy lifestyle.



Implementation

Pupils at Lacewood Primary School participate in two high quality PE lessons a week using our vast outside area or sports hall. Our PE curriculum incorporates a wide variety of activities to ensure all children develop the confidence, tolerance and the appreciation of their own and other's strengths and weaknesses. These include: invasion games, net and wall games, strike and field games, gymnastics, dance, swimming and outdoor adventure. Our curriculum is taught through the use of 'Get Set 4 PE', which gives teachers a strong basis of what is expected of each year group. Teachers can, however, adjust and change lessons in order to suit the needs of their class.

At Lacewood, we ensure that children experience PE, sport and physical activity in a range of different settings. At some point during the school day, teachers provide time for children to complete the 'Daily Mile', or spend time skipping and increasing their heart rate. Every child in the school has their own skipping rope, these are also encouraged to be used at playtimes and lunchtime.

We also provide opportunities for all children to engage in sport or physical activity before, during and after school hours: in addition to inter and intra competitive sporting events. This is an inclusive approach, which endeavours to encourage, not only physical development, but also well-being.



Impact

We aim to improve the wellbeing and fitness of all children at Lacewood Primary School, not only through the sporting skills taught, but also through underpinning values and disciplines that PE promotes. We want children to see the positive impact of having a healthy lifestyle, and how they can reciprocate their understanding and knowledge at home; leading to healthier food choices.